

<http://snookerydos.blogspot.com/2011/03/practice-routines-part-15.html#more>

This routine will make your safety play perfect. Give this routine some time daily to enhance your safety play which in turn will improve your overall game

Make a semi-circle against the cushion in the baulk end. It should be about the circumference of a dinner plate[make it a bit larger in start if you like]. Start with the black on its spot and white in D. The objective is to hit the black and bring the cue ball back in to the semi-circle. The black must not travel down past the center of the table [the red line]. And you must keep playing both white and black from where they finish after the previous shot

