

**World Champion
Harriman's Pool High
Run Drills**

Dan Harriman

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To my Students

Straight pool or continuous pool or 14.1 requires a creative and open mind. How a rack is run requires pocketing and positioning skills. In order to develop those skills I will introduce techniques, exercises and opinions for you to decide if you are ready to compete with the best players in your area. All students set a goal a year from now. Before you practice remind yourself about your goal, practice has a purpose. I will show you how to be efficient with your purposeful practice time. Start seeing yourself as successful, to counter when you get frustrated because your not a champion yet. Its natural to be frustrated with progress, stay calm, you have one year. Our goal is to develop a 14.1 high run. To set new personal records your skills will need sharpening. Your learning from a World 14.1 Champion, no problem. Your not a world champion until you play like a world champion in practice. Let's look at the exercises, now you can start practicing like a world champion.

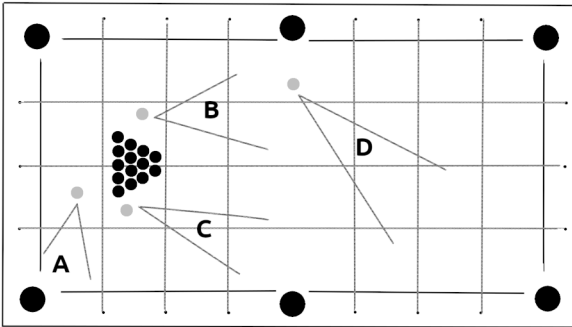
If seeing yourself as a world champion is too far a goal. Then check out the Social Directory, located at the end of the book. You can find info on how to be active in the 14.1 community and be a world champion away from the pool table. Say hi on social media, check out my pool school and gain access to my online student community. The world is changing, let's change it together.

Contents

1	The Breakshot	1
2	End Patterns	3
3	Simple Runout Patterns	5
4	Advanced Runout Patterns	7

Chapter 1

The Breakshot



Two goals to work on for the breakshot, pocketing the object ball and striking the rack to gain another shot. Explore shooting the cue ball from the letter angled regions at the object ball, . The goal is achieved when you can play each breakshot more than half of the time. Start with 4 attempts per session on each shot. Sharpening makes dull edges sharp. World champs can make 18 out of 20 attempts. Beginners might struggle with 2 out of 4, that is when you should call me for lessons or improve your stroke. You have a year, not all gains will happen on practice day 1.

Beginners are quick to translate success in matches as proper

preparation. I've defeated many players, world champions included, that compete but don't have the right skills, knowledge or experience to win matches. If you do not have success with the breakshot, then you will have to correct your stroke, aim or equipment. Check the social directory for the 14.1 community where students share their breakthrough moment on the breakshot.

Breakshot Practice Exercises: Play the A breakshot 4x.

Play the B breakshot 4x.

Play the C breakshot 4x.

Play the D breakshot 4x.

Secondary Goals:

Find the minimum/maximum power for success on each breakshot.

Find the general area the cueball falls for each breakshot.

Find a way to scratch from each breakshot.

Play for cueball position after you develop the right skills.

You can read about the next chapter. You won't be ready to acquire the skills if you haven't successfully mastered the breakshot. In a world championship match I was ready to finish my run but my opponent had the table for a run that did not win the match. In world championship pool being ready and having the opportunity to show you are ready is a distinction that can only be learned the hard way. You will scratch, miss the pocket and do both. Your goal is to improve a year from now. If you scored 4 out of 4 on each exercise, then raise it to 20, 50 or 70, ... or more attempts. If that gets too easy then start moving the cueball further outside the regions.

Chapter 2

End Patterns

Chapter 3

Simple Runout Patterns

Chapter 4

Advanced Runout Patterns

Social Directory

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