

"Plan a keyshot for a
breakshot."

High Run Society

New York City

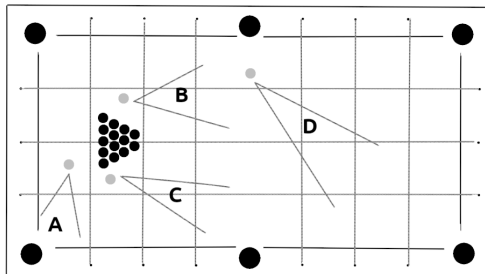
VOL.I . . No.1

2022 ANNUAL

\$ 15.00

Welcome to the Society

Author DAN HARRIMAN



Breakshot Exercises

Straight pool or continuous pool or 14.1 requires a creative and open mind. How a rack is run requires pocketing and positioning skills. In order to develop those skills I will introduce techniques, exercises and opinions for you to decide if you are ready to compete with the best players in your area. All students set a goal a year from now. Before you practice remind yourself about your goal, practice has a purpose. I will show you how to be efficient with your purposeful practice time. Start seeing yourself as successful, to counter when you get frustrated because your not a champion yet. Its natural to be frustrated with progress, stay calm, you have one year. Our goal is to develop a 14.1 high run. To set new personal records your skills will need sharpening. Your learning from a World 14.1 Champion, no problem. Your not a world champion until you play like a world champion in practice. Let's look at the exercises, now you can start practicing like a world champion.

If seeing yourself as a world champion is too far a goal. Then check out the Social Directory, located at the end of the book. You can find info on how to be active in the 14.1 community and be a world champion away from the pool table. Say hi on social media, check out my pool school and gain access to my online student community. The world is changing, let's change it together.

Two goals to work on for the breakshot, pocketing the object ball and striking the rack to gain another shot. Explore shooting the cue ball from the letter angled regions at the object ball, . The goal is achieved when you can play each breakshot more than half of the time. Start with 4 attempts per session on each shot. Sharpening makes dull edges sharp. World champs can make 18 out of 20 attempts. Beginners might struggle with 2 out of 4, that is when you should call me for lessons or improve your stroke. You have a year, not all gains will happen on practice day 1.

Beginners are quick to translate success in matches as proper preparation. I've defeated many players, world champions included, that compete but don't have the right skills, knowledge or experience to win matches. If you do not have success with the breakshot, then you will have to correct your stroke, aim or equipment. Check the social directory for the 14.1 community where students share their breakthrough moment on the breakshot.

Contact me on AZBILLIARDS.com to join the High Run Society mailing list. Join the website to submit your high run attempts for evaluation. Post in the introductions thread and mention me @Dan Harriman.